

Resources recommended regarding sexual purity

"MCC is seriously committed to helping you live a sexually pure life. In fact, we value authenticity, openness, and honesty so much that we intentionally create safe places for real people to be real. We are a church that embraces recovery. It's who we are! People can find the help they need here at MCC. We'll go the extra mile and help them take their next step on their life journey. Below are some suggested "NEXT STEPS" for you to take."

Adult Resources

Groups

- Celebrate Recovery, Open Share Group, Thursdays, 6:30-8:30 pm, contact Jeff Jasinoski at 513-587-2424
- Shoulder to Shoulder, contact George Thompson at george@shouldertoshoulderministries.org
- ThuMBS, Thursday Men's Bible Study, 513-489-0892
- MCC Small Group, contact Agnes Spurlock at 513-587-0105

Websites

- www.evecenter.org/adam.htm - Adam Center Service for Men, **free, faith based confidential place for men age 13 and above to build trust, be heard and heal.**
- www.sa.org - Sexaholics Anonymous, fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover.
- Safeplaceformen.org - a group of Christian men that understand the impact that sexual addiction and pornography can have in today's American family.
- www.samsonsociety.org - Samson Society, fellowship of Christian men who are serious about authenticity, community, humility and recovery
- www.XXXChurch.com - #1 Christian porn site designed to bring awareness, openness and accountability to those affected by pornography
- www.celebraterecovery.com - a Christ-centered ministry designed to help adults heal and experience freedom from the hurts, hang-ups, and habits of life.
- www.mcc.us – information about celebrate recovery here at MCC

Books

- The Dirty Little Secret, by Craig Gross
- Samson and the Pirate Monks, by Nate Larkin
- Every Man's Battle, by Stephen Arterburn and Fred Stoeker with Mike Yorkey
- Wild at Heart, by John Eldredge

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Christian Counseling

- Lifeway Christian Counseling Center 513-769-4600
- Mark Pruden & Associates 513-885-8357
- New Beginnings Christian Counseling Services 859-426-9020
- Thompson & Associates 513-489-1171
- Adams Center Services for Men 513-985-9959

Additional resources for Teens

- Life Hurts, God Heals, coming late Summer or Early Fall 2009 - If you are dealing with pain including: addictions, eating disorders, abuse, pornography, drinking, cutting, etc., then *Life Hurts God Heals* is for you. Hundreds of students have gone through this and many lives were changed. Contact Jane Garretson at jgarretson44@aol.com
- Every Young Man's Battle by: by Stephen Arterburn and Fred Stoeker with Mike Yorkey
- I Kissed Dating Goodbye: A New Attitude Toward Relationships and Romance, by Joshua Harris and Rebecca St. James.
- www.focusonthefamily.com
- EPIC Community, contact Darrick Castronova at 513-587-2442

If you would like to speak with a pastor:

Jeff Jasinowski, Pastor of Recovery – 513-587-2424

Tom Maniaci, Care Pastor – 513-587-2436